

Čamčeto

Чамчето

(Macedonia)

These notes ©2014, Andrew Carnie. Originally described in 1934 by the Jankovich sisters, in the US by Anatole Joukowsky. Čam refers to the the Cham people in Albania (whose name is also in the Greek dance "Tsamikos")

Music:

- http://www.gtc-music1.com/pro_uploads/Kalakos/Kalakos_Digitalized_Music/ChamchetoSlavicMakedonia.m4a [http://www.gtc-music1.com/pro_uploads/Kalakos/Kalakos_Digitalized_Music/ChamchetoSlavicMakedonia.m4a]
- <http://youtu.be/ZCUEK05jOYo> [<http://youtu.be/ZCUEK05jOYo>]
- <http://youtu.be/QSjGIsXbTMY> [<http://youtu.be/QSjGIsXbTMY>]
- <http://youtu.be/32S88Littjc> [<http://youtu.be/32S88Littjc>]

Translation: Small boat

Meter: 7/8 SQQ in slow part and QQS in the fast part.

Formation: Traditional separate sex segregated lines, Women in W position, Men in Shoulder Hold (T position). Now often done in mixed lines. When done in segregated lines, the women's steps are smaller, lower and more delicate and the men's lifts are big and dramatic.

Introduction: Original version: start right away. Many groups now start on the first clear beat of the slow music (start of the 3rd bar). If you do the latter then you skip the three bar transition between the two steps (typically waiting) -- see the different videos below for the different ways that groups make this dance fit the two pieces of music)

Part 1: Slow music (SQQ)

facing center.

Bar 1: Step on R across L, lift Left behind R ankle (S), bounce on R (Q), bounce on R (Q)

Bar 2: Step back on L (S), low lift of R in front (QQ)

Bar 3: Rise up on ball of L (S), lift R high in front (QQ)

Bar 4: Step R to R (S), Step L behind R (QQ)

Bar 5: Step R to R (S), bounce on R, while bringing L behind R (Q), bounce on R (Q)

Bar 6: Step on L behind R (S) pause (QQ)

Bar 7: Rise up on ball of L and swing R around to behind L calf (S), hold (QQ)

Bar 8: Step R to R (S) Lift L high while lifting on ball of R (QQ)

Bar 9: Step L into center, raising R behind L calf (S), bounce (Q), bounce (Q)

Bar 10: step back on R (S), Lift L in front (QQ)

Bar 11: Swing L around behind R calf (S), rise up on ball of R (QQ)

Bar 12: Step L to L (S), Lift R in front (QQ)

Bars 13-24: repeat bars 1-12

Bars 25-36: repeat bars 1-12

Bars 37-48: repeat bars 1-12

Bars 49-60: repeat bars 1-12

Bars 51-72: repeat bars 1-12

If you started with the first piece of music, you wait three bars before transitioning into part 2, if you started on the first clear beated measure, then you simply complete all the steps)

Part 2: Fast Music (QQ)(S)

Bar 1: Cross R over L (QQ), Step back on L (S)

Bar 2: hop on L, lift R (QQ), Step R to R (&), step behind on L (S)

Bar 3: step on R to R (QQ), Step on L behind R (S)

Bar 4: swing R around behind L (QQ), step on R to R (S)

Bar 5: cross L over R (QQ), Step back on R (S)

Bar 6: swing L around behind R (QQ), step on L to L (S)

Bars 7-60: repeat Bars 1-6, 9 more times (10 total)

Bars 71-72: repeat bars 1-2 (end with lift R)